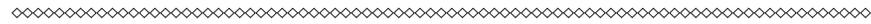


## DRINKS



Coffee	
<i>Espresso</i>	4.50
<i>Americano</i>	4.50
<i>Macchiato</i>	5
<i>Green Tea Matcha Latte</i>	6.50
<i>Chai Latte</i>	6.50
<i>Cappuccino</i>	6
<i>Latte</i>	6
+1.25 for milk alternatives	
Tea	
<i>Floral Jasmine</i>	4.50
<i>Organic Long Life Green</i>	4.50
<i>Organic English Breakfast</i>	4.50
<i>Imperial Earl Grey</i>	4.50
<i>Organic Chamomile Blossoms</i>	4.50
<i>Organic Peppermint</i>	4.50
<i>Golden Chai</i>	6.50
Fresh Orange Juice	9.50
Connected Craft Kombucha	
<i>blueberry lavender, strawberry lemonade</i>	8oz 12 / 750ml 34



## BAKERY

Croissant <sup>vegetarian</sup>	4.50
Pain au Chocolat <sup>vegetarian</sup>	5.50
Sour Cream Coffee Cake <sup>vegetarian</sup> <i>cinnamon, cocoa, newfoundland sea salt</i>	8.50

## LIGHT

Fresh Fruit & Berries <sup>vegan/gf</sup>	cup 12 / bowl 18
Berries <sup>vegan/gf</sup>	cup 16 / bowl 22
Oatmeal <sup>vegan/gf</sup> <i>oat milk, maple syrup, seasonal fruit</i>	15
Yoghurt & Granola <sup>vegetarian/gf</sup> <i>organic pressed yoghurt, housemade granola, maple syrup</i>	19

## SUPPLEMENTS

Smoked Bacon (3 pcs) <sup>gf</sup>	8
Breakfast Sausage (2 pcs) <sup>gf</sup>	8
Egg <sup>gf</sup>	4
Griddled Potatoes <sup>gf</sup>	5
Blueberry Pancake <sup>vegetarian</sup>	9
Multigrain or White Toast <sup>vegetarian</sup> <i>served with butter &amp; preserves</i>	5.50
Isabel's Blueberry Lavender Jam	2
Salt Cod Cake	7
Brown Sugar & Bacon Baked Beans <sup>gf</sup>	8
Smoked Salmon <sup>gf</sup>	10
Lawry's Hot Sauce <sup>gf / vegetarian</sup>	2

## EGGS & EXTRAS

Atlantic Greens & Vegetables <sup>gf available/vegan</sup> <i>bear river farms grains, fresh &amp; pickled vegetables, salt-baked beets, maple &amp; cranberry vinaigrette</i>	19	Steak & Eggs <sup>gf available</sup> <i>7oz medium-rare bavette, two poached eggs, griddled potatoes, deviled tomato, veal jus, baby kale salad</i>	39
Blueberry Pancakes <sup>vegetarian</sup> <i>fresh blueberries, brown butter crumble, ns blueberry butter, maple syrup</i>	25	Bangers & Hash <sup>gf available</sup> <i>housemade pork sausages, griddled hash, brown sugar &amp; bacon baked beans, two poached eggs, ns chow chow</i>	24
Monte Cristo Breakfast Butty <sup>gf available</sup> <i>house-smoked turkey, pork belly confit, local gouda, brown bread french toast, fresh berries, griddled potatoes</i>	24	Nova Scotia Lobster Croissant <sup>gf available</sup> <i>buttered local lobster, citrus aioli, celeriac remoulade, organic greens, atlantic spiced fries</i>	35
Straightforward Breakfast <sup>gf available</sup> <i>two eggs any style, smoked bacon, griddled potatoes, deviled tomato, multigrain toast</i>	23	Mushroom & Cheddar Omelette <sup>gf available/vegetarian</sup> <i>roasted wild &amp; tame mushrooms, griddled potatoes, deviled tomato, multigrain toast</i>	24
The Smashed Hipster <sup>gf available/vegetarian</sup> <i>two scrambled eggs, grilled flatbread, ns feta, avocado smash, tomato, olive-preserved lemon relish, fresh basil, pickled red onion</i> add bacon +8	25	substitute with egg white +2	
Eggs Benedict <sup>gf-available</sup> <i>two poached eggs, martock glen smoked ham, english muffin, griddled potatoes, hollandaise</i> sub smoked salmon +10 sub buttered poached ns lobster +28	25	Eggs Your Way <sup>gf available/vegetarian</sup> <i>two eggs any style, toast</i>	13
Smoked Salmon & Salt Cod Cakes <i>atlantic smoked salmon, two salt cod cakes, soft poached eggs, hollandaise, griddled potatoes</i>	29	The Cheeseburger <sup>gf available</sup> <i>6oz AAA beef patty, local gouda, organic greens, tomato, red onion, sweet pickle, aioli, thick cut bacon, drift spiced fries</i>	25

Please inform us of any allergies. We will do our utmost to accommodate, though we are unable to guarantee an allergen-free kitchen. gf - gluten-free